



COMMUNIQUÉ

Important information regarding COVID-19 vaccine intervals

For immediate release

(Kahnawake – 20, Tsothohrhkó:wa/January 2022) The Kahnawà:ke COVID-19 Task Force wishes to provide Kahnawa'kehró:non with information regarding the recommended intervals between doses for COVID-19 vaccines:

The recommended* interval between the 1st and 2nd doses to get the best immune response for **ALL** age groups is 8 weeks, with the minimum being 21 days for the Pfizer vaccine and 28 days for MODERNA.

**Although these intervals are recommended, the choice is ultimately yours, whether to wait (the full 8 weeks or more) or get it sooner (must at least be respecting the minimum of 21 or 28 days).*

Additional details for specific age groups:

Children 5-11 years old (Pediatric Pfizer)

- No boosters

Children 12-17 years old (Adult Pfizer)

- No boosters

Adults 18-29 years old (Adult Pfizer)

- Pfizer will be administered (despite if first or second dose was MODERNA) to reduce risk of myocarditis or pericarditis (heart inflammation) although this is a rare side effect.
- Boosters recommended 3 months after 2nd dose (which is when immunity starts to decrease)

Adults 30 years and older

- Moderna being administered only, despite what was received in the past because of decreasing supply across the province. It is recommended to get whatever vaccine you get as soon as you are eligible.
- Boosters recommended 3 months after 2nd dose (which is when immunity starts to decrease)

After having COVID-19

- Recommendation is to wait at least 8 weeks from start of symptoms to get the booster (that's when immunity starts to decrease)
- Minimum interval from start of symptoms is 21 days
- If you had symptoms but are unsure if you had COVID, it is best to follow the recommendations with the assumption that you had COVID

For more information on the COVID-19 Vaccine, local health measures and restrictions, please visit the [Kahnawake911 website](#).

Suggested Media

Instructions:

Please run at your discretion.

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